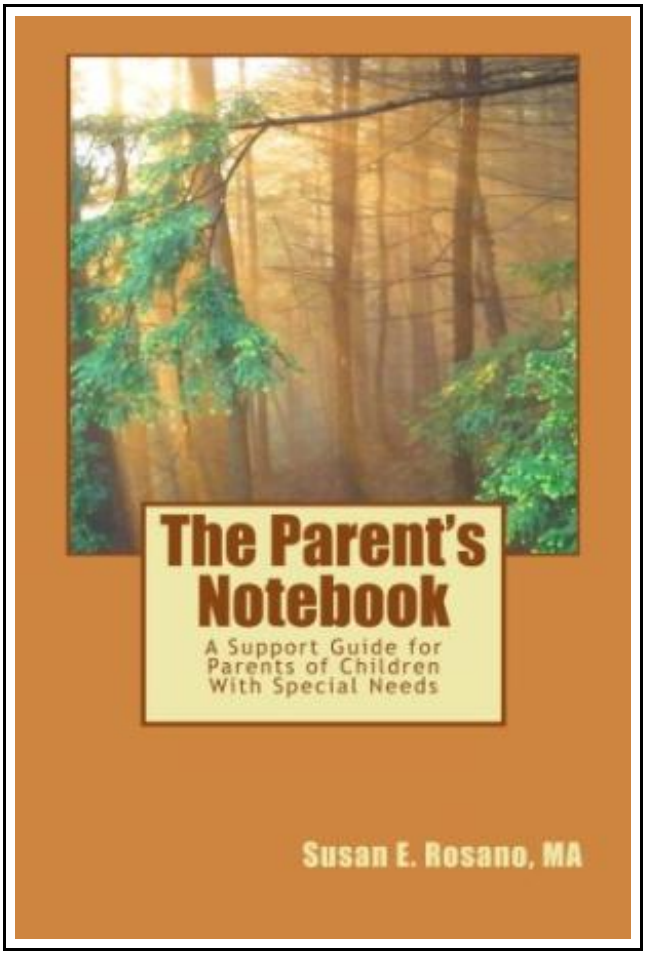
# The Parent s Notebook: A Support Guide for Parents, Families and Caregivers of Children with Developmental Disabilities and Special Healthcare Needs (Paperback)




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# THE PARENT S NOTEBOOK: A SUPPORT GUIDE FOR PARENTS, FAMILIES AND CAREGIVERS OF CHILDREN WITH DEVELOPMENTAL DISABILITIES AND SPECIAL HEALTHCARE NEEDS (PAPERBACK)

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Parent s Notebook offers opportunities for parents, siblings, caregivers, friends and other important family members to learn new ways of managing challenges related to raising a child with developmental disabilities and special health care needs. Surprisingly, there are very few books that are specifically written to help parents, who often find themselves struggling, and suffering alone, without the benefit of camaraderie, connection, and understanding. So I offer my stories, opinions, and resolutions to you in the hope of bridging this chasm. Parents and families should know they are not alone, that others feel similarly, and that there are solutions to the difficult situations we all encounter. The circumstances I have written about in The Parent s Notebook include the following: An unexpected future and how to come to terms with this; the overwhelming feeling of uncertainty about what, if anything, is really wrong with our child; wanting to be understood by family, friends and the general public and realizing that this is not the case; family balance and handling increased demands of medical and educational processes; the loss of the feeling of being a typical family; losing family privacy when in-home supports arrive with their curious lack of boundaries; the difficulties of comparing one child to another and the outcome of that; feeling victimized by the circumstances of having a child with special needs; having to advocate for your child, family and yourself through the medical and educational systems; protecting yourself from fraud and impatient purchases that you think will solve a big problem for your child. The writing and arts activities in this book are based in Creative Arts Therapy. I became a Creative Arts Therapist...

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