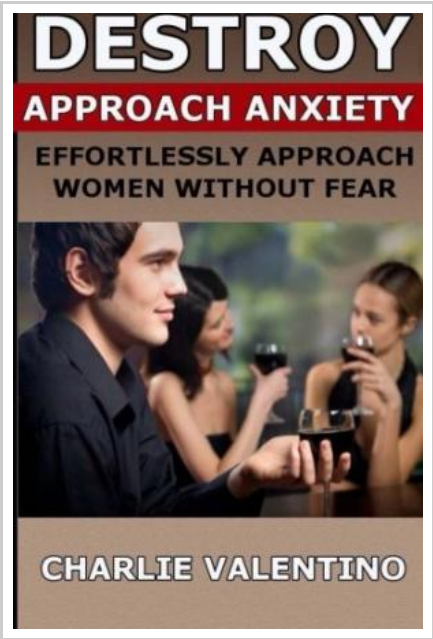


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Destroy Approach Anxiety: Effortlessly Approach Women Without Fear (Paperback)

By Charlie Valentino

Createspace, United States, 2012. Paperback. Book Condition: New. 222 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.Approach anxiety is something the vast majority of aspiring pick up artists suffer from when starting out trying to meet women in the street, cafe, university campus or anywhere else. If we can t get over approach anxiety, our first major stumbling block in the world of pick up then meeting, talking to women and taking them out on dates is not going to happen. It s as simple as that! Destroy Approach Anxiety covers this subject in depth so you ll be able to overcome this irrational fear with ease, enabling you to quickly progress to approaching women without anxiety. Discover the true reasons why we suffer from approach anxiety, it may surprise you. The author believes one of the reasons is the overloading of information in our heads in an attempt to gain perfection before we ve even made our first approach. This is an impossible task but something that all too many guys attempt. We like to learn as much as possible about this subject; openers, inner game, talking to women, kino, closing and many...

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