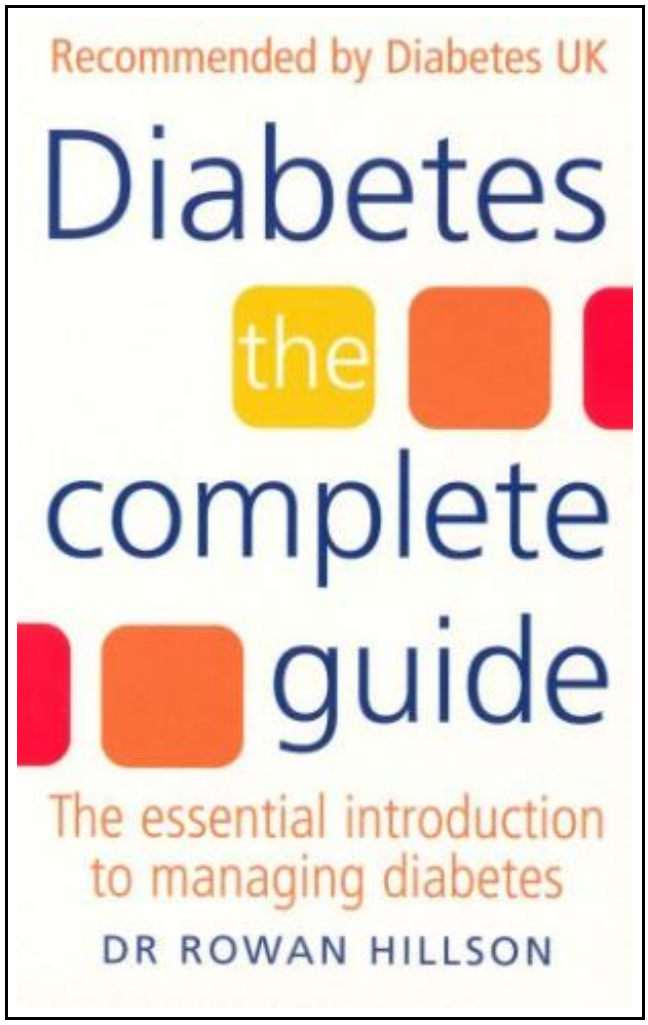
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Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Diabetes: The Complete Guide - The Essential Introduction to Managing Diabetes, Rowan Hillson, Around 1.4 million people in the UK today have diabetes, and at least a million more may have diabetes and not know it. According to the World Health Organisation the number of diabetes sufferers worldwide is set to double in the next 25 years. It's serious and progressive and there is no known cure. However, life with diabetes can be very fulfilling. Just look at sports stars like Steve Redgave, winner of 5 Olympic gold medals. Written in association with Diabetes UK, this comprehensive guide answers all the key questions, from how to spot the symptoms, who is most at risk, what treatments are available and how diabetes will affect you diet and lifestyle. Dr Hillson tackles the common anxieties and provides invaluable information for all those with diabetes - whether newly diagnosed or longstanding - their families and friends.

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